

ACE LINKS

ACE Mentoring Program Quarterly Newsletter



OMNI-DIRECTIONAL MENTORING

The ACE Mentoring Program provides thoughtful mentoring matches, a programmatic structure, and events to bring mentors and mentees together. We underscore the value of learning and growing from each other; yet, it is still within a traditional mentoring structure. Depending on how much you engage outside of your pairing, the ACE Mentoring community can provide omni-directional support, where all participants act as both mentor and mentee, fostering mutual growth, trust, and knowledge exchange across an entire community rather than just one-on-one. Your mentor or mentee can be a lifeline when experiencing anxiety or burnout, but omni-directional mentoring can foster communal hope and belonging within a larger community of care. Being open to mentoring relationships beyond your mentoring matches enables your mentoring community to support you more holistically.

check-in
WITH YOURSELF

We invite you to pause and reflect on giving and receiving support, emotional load, and communal hope.

- Where am I currently receiving support and where might I need more?
- What feels heavy right now? What feels steady?
- What small moments this week have brought me relief or calm?
- In what ways have I been able to support someone, even if quietly?
- Am I giving support from a place of energy or obligation?
- How can I lean on others to sustain a sense of hope when I feel depleted?

A FRIENDLY REMINDER TO CHECK-IN WITH YOUR MENTOR/MENTEE!



CONVERSATION STARTER

Let's slow down and focus on presence rather than problem-solving.

What kind of support would feel the most helpful right now - listening, reflection, or something practical?

Is there something you've been carrying alone that I might help you carry?

What's one encouraging moment you can share with me today (and vice versa)?

“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.”

*-Margaret Mead
American Cultural Anthropologist*

*Stay
Connected
With ACE*



Interested in the ACE Mentoring Program?

Have an event or resource you would like to share in a future issue of *ACE Links*?

Email ace@college.ucla.edu for more information!

ACE MENTORING COMMITTEE



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RESOURCES AND UPCOMING EVENTS

NAVIGATING THE DYNAMICS OF A MULTIGENERATIONAL WORKFORCE

[BLOG: CULTUREALLY](#)

ACE EATS SPECIAL ACE MENTORING INVITE!

MON., FEB 9TH
12:00PM-1:00PM

IN PERSON LOCATION TBD

ARTICLE

[“WHY SCHOOL LEADERS SHOULD FOSTER A CULTURE OF MENTORSHIP”](#)

The article mostly refers to faculty, but there is great info on looking beyond the 1:1 mentorship model and benefits of creating a culture of mentorship

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