

ACE LINKS

ACE Mentoring Program Quarterly Newsletter



Mentorship: Stories > Advice

A mentorship is like any other relationship. It takes time and attention to build and deepen and it can't be a one-sided investment. But how do you take it from a formal program match to a true human connection? Perhaps you can start with storytelling. Take turns telling your professional and personal stories. Advice can feel transactional and hierarchical, but stories can be engaging, memorable, and reciprocal. You can learn a great deal from each other through storytelling and it can be deeply powerful to engage in omni-directional mentoring.



We invite you to pause and reflect upon your story

- Consider your professional and personal journey. What has led you to this moment?
- What is a unique perspective that only you can provide?
- Would you do anything differently, if you had a chance to do so?
- What was a challenging time you experienced? How did you get through it?
- Reflect on one of your proudest moments.
- Is there anything you wish you had learned earlier?

A FRIENDLY REMINDER TO CHECK-IN WITH YOUR MENTOR/MENTEE!



CONVERSATION STARTER



Thoughtful questions to ask your mentor and mentee

Bonus challenge: Instead of answering the questions as they are posed, consider a story you could tell, either your own story or one you heard as a way to illustrate your answer.

Mentoring is a way of sharing our stories to help others find their own.

-D.J. Smith
NHL Assistant Coach for the LA Kings

Stay
Connected
with ACE



RESOURCES AND UPCOMING EVENTS

ARTICLE

Omni-directional Mentorship: Redefining Mentorship as a Reciprocal Process of Teaching and Learning.

By: Eric Clapp

ACE EATS

JOIN US FOR CASUAL LUNCH HOUR & CONVERSATION (EATING IS ENCOURAGED)

12:00PM-1:00PM

MON., NOV 17TH

ZOOM



ACE MENTORING SOCIAL

WED., NOV 19TH

3:00PM-4:00PM

MURPHY HALL PATIO

UCLA HEALTHY CAMPUS INITIATIVE

SEMEL INSTITUTE
LIVE WELL INITIATIVES

MINDFULNESS PRACTICES
MINDFUL AWARENESS RESEARCH CENTER (MARC).

Interested in the ACE Mentoring Program?

Have an event or resource you would like to share in a future issue of *ACE Links*?

Email ace@college.ucla.edu for more information!



ACE MENTORING COMMITTEE

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