

How to be an Ally to Parenting Staff during a Global Pandemic

Would you like to learn how to be an ally to our parenting colleagues?

Challenges that Parenting Staff Experience

- Feeling guilty for not doing enough as a parent and not doing enough for work.
- Feeling a sense of uncertainty when trying to provide structure.
- Taking on additional responsibilities that come with homeschooling.
- Facing the intersectionality of challenges given their multiple roles.

Support that Allies Can Offer

- Acknowledging that this is a challenging time for everyone, especially working parents, can validate their experiences.
- Be mindful of capacity and work-load when delegating projects to working parents.
- Redefine “urgent” deadlines, as time works differently under these conditions, and especially for working parents.
- Consider offering and accommodating flexible schedules to working parents.
- Provide long-term institutional support for working parents.

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