**ACE’S ADVISING MODEL FOR SUPPORTING STUDENTS**

**ACTIVELY LISTEN**
Be fully present with students. Hold space for them and listen to understand.

**VALIDATE EXPERIENCES**
Explicitly state to students that you see and hear them, and that their experiences are valid.

**NORMALIZE FEELINGS**
Let students know that they are not alone, and that other students have shared similar sentiments.

**FOCUS ON STRENGTHS**
Encourage students to consider what is working well, and how they may apply those strategies.

**MAKE INTENTIONAL CONNECTIONS**
Go beyond referrals to foster intentional connections between you, the student, and campus partners.

Follow us and engage on social media!

**ACE Professional Development Program UCLA**

**@aceucla**

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