ACE's Advising Model for Supporting Students

Actively Listen

- Be fully present with students.
- Hold space for them and listen to understand.

Validate Experiences

 Explicitly state to students that you see and hear them, and that their experiences are valid.

Normalize Feelings

 Let students know that they are not alone, and that other students have shared similar sentiments.

Focus on Strengths

 Encourage students to consider what is working well, and how they may apply those strategies.

Make Intentional Connections

• Go beyond referrals to foster intentional connections between you, the student, and campus partners.

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