



STAY ORGANIZED



Google Calendar

Quickly schedule classes and events into your calendar, and get reminders about upcoming activities.



Notion

All-in-one workspace that allows you to take notes, add tasks, manage projects & more. There are many online templates.



Passion Planner

Customize a planner for your specific needs using these **FREE** downloadable templates.

<https://passionplanner.com/collections/free-downloads>



Trello

Visual collaboration tool that allows you to organize and prioritize projects in a flexible, detailed manner.

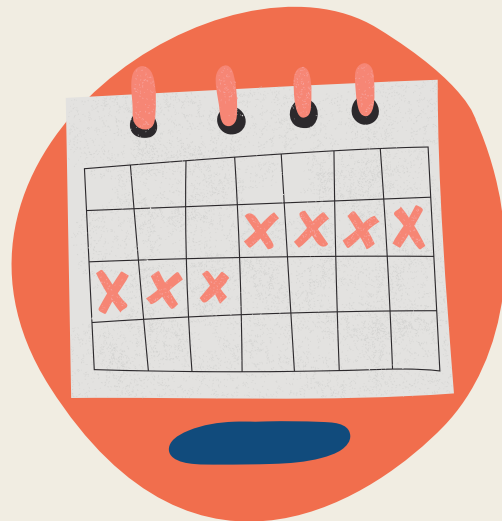
WELCOME TO UNIVERSITY STUDIES!

We hope these tools help you stay organized during the school year.

Effective Study Tips for University Studies

Strategy 1: Planning in details

Create a detailed study schedule with specific goals. Studies show that individuals are more motivated to act when there is a designated time and a clear target.



Strategy 2: Start with difficult tasks

Newton's second law states that the momentum of a body is equal to the product of its velocity and mass. It also states that the time rate of change of this momentum is equal in both magnitude and direction to the force imposed upon it.

Strategy 3: Active Reading

Start your assigned readings with questions in mind. Then, actively seek answers by connecting main ideas mentioned in lectures. This allows a deep understanding more efficiently.



Strategy 4: Interleaving

Interleaving means changing your learning subjects every few hours, such as adding a writing practice between your math assignments. It strengthens your memory by unconsciously teaching the brain to differentiate and retrieve.

Strategy 5: Testing yourself

Create practice questions to test yourself when reviewing. This allows a better assessment of your knowledge and deeper encoding of the course contents.

ADAPTED FROM:

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