

Pre-Health Resources

While UCLA does not have a pre-med or pre-health major, it is a top university in preparing students for various careers in the medical and health professions. UCLA provides pre-health students with resources in advising for program planning and the admissions process.

COLLEGE ACADEMIC ADVISORS

- Visit your College advising unit for help with course planning to fulfill pre-health requirements.
- Not a STEM* major? Your College Advisor can help you design a program plan to fit in your major and pre-health requirements.

Where is my College advising unit?

College Academic Counseling.....	A316 Murphy Hall
Honors.....	A311 Murphy Hall
Athletics.....	127 Morgan Center
Academic Advancement Program.....	1205 Campbell Hall

COLLEGE ACADEMIC MENTORS (CAM)

- CAMs are graduate students at UCLA who are trained on College academic policies and pre-health requirements. Schedule an appointment with a CAM for help with course planning to fulfill pre-health requirements.
 - CAMs offer pre-health workshops (sign up through MyUCLA > Academics > Workshops).
 - For more information, visit: www.cac.ucla.edu > About CAC > Meet the CAC Staff > College Academic Mentors
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DEPARTMENT ADVISORS

- STEM Major? Visit your Department Advisor for help navigating your major requirements with pre-health requirements and applying to professional school.
 - Not a STEM Major? Visit Inna Gergel, Physiological Sciences Department Advisor, for advice about applying to medical school.
 - For department advisor contact information, visit: www.ucla.edu/academics/departments-and-programs
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CAREER CENTER

- Information sessions and outreach programs by medical schools – sign up via your BruinView Account.
- Mock Interviews – sign up for a mock medical school interview via your BruinView Account.
- Letters of Recommendation – the Career Center offers UCLA students a service which stores and sends letters of recommendation.
- MCAT/DAT/PCAT/OAT/GRE prep books – visit the Career Center (2nd floor) to access a library of test prep books.
- Schedule an appointment with a Career Counselor to discuss your career trajectory.
- For more information, visit www.career.ucla.edu.

*STEM majors = Science, Technology, Engineering, and Math majors.

PRE-HEALTH COURSE REQUIREMENTS

For a complete list of pre-health course requirements and information, visit:

- UCLA Career Center:
www.career.ucla.edu/Pre-Health-Career-Services
- UCLA College Academic Counseling:
www.cac.ucla.edu > Academic Planning > Pre-Med and Pre-Health Planning

PRE-HEALTH STUDENT GROUPS

There are numerous students groups geared toward pre-health students. To search for pre-health student groups, visit the UCLA Student Organizations, Leadership & Engagement database at <https://sa.ucla.edu/RCO/public/search>.

CLINICAL VOLUNTEERING OPPORTUNITIES

Below is a short list of local clinical volunteer opportunities. This list is not exhaustive so we encourage you to seek other opportunities at clinics, hospitals, and organizations near your home or near campus. Remember, you do not need to be part of a student group to volunteer at a clinic or hospital.

- Care Extender Health Internship Program:
www.uclahealth.org/careextender
- UCLA Hospital Volunteer:
www.uclahealth.org/volunteer
- Mobile Clinic: www.mobileclinicproject.org
- Happy Feet Clinic: www.uclahappyfeetclinic.org
- Care Harbor Volunteer:
www.careharbor.org/volunteer
- UCLA Care Center Volunteer Program:
www.uclahealth.org/Care-Center/Pages/about-us/volunteer.aspx
- UCLA People-Animal Connection:
www.uclahealth.org/PAC
- Venice Family Clinic:
www.venicefamilyclinic.org/volunteers

RESEARCH

UCLA offers numerous opportunities for you to get involved in research. Visit the Undergraduate Research Center (URC) for more information:

- Sciences: www.ugresearchsci.ucla.edu
- Humanities, Arts, Social Sciences:
www.ugeducation.ucla.edu/urhass

Don't have time to do research during the academic year? Visit the URC to learn more about summer research programs.

POST-BAC PROGRAMS

- UCLA Career Center:
<http://career.ucla.edu/Post-Bac-Program-Information>
- Association of American Medical Colleges (AAMC):
<https://students-residents.aamc.org/postbacc/>
- UCLA Pre-Medical Enrichment Program:
<http://medschool.ucla.edu/current-ucla-prep>

RESOURCES FOR PRE-HEALTH DREAMERS

Pre-Health Dreamers is a great organization created by, and for, undocumented students interested in pursuing health and science careers: <http://www.phdreamers.org/resources/>