Active Minds at UCLA
Have you always been interested in mental health advocacy? Are you interested in reducing the stigma surrounding mental health and being a part of a supportive and positive community? Active Minds at UCLA is an organization that focuses on advocating for better mental health resources on campus and raising awareness on a wide range of mental health issues. Their applications are accepted on a rolling basis all year round and can be accessed here. For more information on Active Minds, visit activemindsucla.com and swc.ucla.edu or contact them through swc.activeminds@usac.ucla.edu.

CAC PC: Study Tips & Time Management Workshop
Stressed about your upcoming midterms? Not sure how to start studying? Come out to CAC Peer Counselors’ Study Tips & Time Management workshop to learn all about the best resources for effective ways to digest course material and plan your time! We will be sharing cool new apps and extensions that could help make studying more efficient. Our workshop is happening via Zoom on Thursday, January 27th from 5-6PM PT, and you can RSVP here. Attendees will also get the chance to win a free Passion Planner to help with organizing your schedule!

Disability Studies Minor Information Session
What does it mean to be “normal”? Explore this question and other questions about disability, the body, representation, and access with the Disability Studies Minor. Learn about ‘disability’ as a social construction and intellectual framework to understand the human experience. Join our information session Week 4, Wednesday January 26, 2022, 2:00-3:00PM (PT) on Zoom to learn more about the Disability Studies minor program requirements, and how to apply. Register here to receive the Zoom link. To learn more about the minor, please visit our website or follow us @ucla_disability_studies_minor on Instagram and Facebook. For requests related to disability access for the workshop, contact ctando@college.ucla.edu.

UPCOMING DATES AND DEADLINES

Friday, January 28 (Week 4)
- Last day to drop non impacted classes without transcript notation through MyUCLA by 11:59pm

Monday, January 31st (Week 5)
- Enrollment appointments for Spring 2022 become available
- Spring Schedule of Classes 2022 available online

Tuesday, February 1st (Week 5)
- Summer 2022 registration opens for UCLA students

STAY CONNECTED!
Contact College Academic Counseling via
- MyUCLA Message Center
- REACH Virtual Drop-in Counseling
- 30-minute Appointment

REACH Virtual Drop-in Counseling sessions are available M-F 10am-3pm (excluding university holidays.)
Visit our website for more information.

CONNIGHTS
Are you looking for hidden campus gems to enhance your time at UCLA? Look no further! Every week Conduits will feature a campus resource, selected by our very own CAC Peer Counselors and Student Staff, that will help you maximize your academic and social experience at UCLA.

REACH Virtual Drop-In Counseling
Have questions about double majoring? Need help with future course planning? Visit REACH Virtual Drop-in! REACH Virtual Drop-in is an innovative and collaborative virtual advising hub designed to support College of Letters & Science students in Academic Advancement Program (AAP) and College Academic Counseling (CAC). Academic advisors and trained student staff from AAP and CAC collaborate and work together as a community to support and advise students in a single virtual space. REACH offers a virtual and easily accessible option for academic advising, and is the perfect option for students looking for an alternative modality of connection and engagement to best fulfill students’ academic needs. To find out more about REACH drop-in, click here.